

# Birchanger Village Magazine

July 2022 Issue 234



## Birchanger Works Jubilee Magic

The colours and bunting could be seen up and down the lane and in and out of the side roads. There was a four-day festival at the club which included something for everyone and brought people together who had not seen each other for far too long mainly due to Covid.

There were barbecues, entertainment and picnics with Terry and co at the club making miracles in the kitchen for those who simply did not fancy bringing their own food with them. For four days the club managed to cater for a large number of members and guests. They hosted the lighting of the beacon and led the Birchanger jubilee celebrations as never before.

Congratulations to Terry and the team for putting on such a great show for all the four days. Hopefully they had a good rest afterwards but knowing Terry, they probably didn't get the chance! Thank you Terry and everyone involved for making the Jubilee so special in Birchanger.

There were other heroes too. Pam Lee and her team were responsible for making the red, white and blue roses which adorned houses along Birchanger Lane and elsewhere.

Many thanks to all those unnamed but not forgotten volunteers for putting up the Jubilee decorations throughout the village and to all the Birchanger residents for putting out the bunting.

## **July Festival of Flowers**

The year is passing so quickly and the flower festival will soon be here. We have planned 22 exhibits based on major events occurring during the last 70 years, and some of the regular activities that HM the Queen takes part in during a normal year.

The church will be open between 10am and 4pm on the three festival days in July, which will culminate in wine and 'nibbles' at 4pm on Sunday 31st. A celebratory Sung Evensong will then take place at 5:30pm.

During the festival days, refreshments will be available plus an easy competition. The result of the competition will be announced at Evensong on the Sunday and there will be a small prize for the winner/winners.

If you are able to help with providing refreshments please contact Sue Gilbey on 01279 816171. If you are available and can spare a small amount of time to help or steward on one of the days, please contact Pam Lee on 07702171744.

A lot of people will have put a great deal of effort into this, the last of the Jubilee events in Birchanger, so please give your support and make time during the three days to visit the Church, it will look wonderful and we hope that it will also be fun.

Festival of Flowers - St Mary's Church 29th, 30th 31st July 2022 Celebrating the Platinum Jubilee

## **Queens 75 Year Jubilee Attractions**



Don't forget, your magazine is only as good as the content it receives, so please keep sending me your news, views, notices, concerns and complaints. Advertisers are also welcome. All copy should be submitted by the 16<sup>th</sup> of the month, preferably sooner and may be edited depending on space and content. Please contact me by E-mail, phone, or letter as shown below. Thank you and Kind Regards,

Join us on Facebook: www.facebook.com/birchanger/

Peter Sampson



magazine@birchanger.com



**07817 904333** 



2 Harrisons, Birchanger



#### Time to Clean Up Your Act!

Most dog walkers know that dog mess is unacceptable and should be picked up, bagged and taken home. However, some dog owner's seem to be at the nursery stage on this one. They bag up the mess all right but then just leave it on the path, or chuck it into a bush or decorate a tree with an unwelcome ornament. Dog poo eventually disintegrates, plastic bags take years. We are left with bags on footpaths, hanging from trees and chucked into bushes and fields. This is totally unacceptable. We are lucky in Birchanger, we have poo bins at strategic spots in the village and we have black bins at home to dispose of the mess. Take care when walking on the footpaths. There is far too much unnecessary dog waste out there. It seems that there are some rather unhygienic, if not downright dirty people out there creating a great deal of unhygienic waste for someone else to clear up. Cleaning up after a dog is the owners or carer's responsibility.

#### Have You Ever Been Too Scared to Report a Crime?

Many people have been in this position and have never reported what they saw because they were too scared of what might happen to them or their families. To report a crime anonymously, you can contact Crimestoppers online to report what you saw, or you can call them on 0800 555111. This line is open 24/7. You can also claim a reward appropriate to the witnessed crime if you ask at the start for the reward code or use it on the online form. Any follow up will also be anonymous. You may also be told what parts of your information could be used in any future prosecutions. Some people may have got a problem as to how to dispose of unwanted knives. There is an amnesty bin for knives in White Street, Dunmow.

# Birchanger All Girls Society

The 'BAGS' welcome women to join them on the last Wednesday of every month at 08.00 pm in the village hall.

Next meeting: Wednesday July 27<sup>th</sup>. Come and play Petanque at Birchanger Club Meet at 7.15 for 7.30 . Everyone welcome.

bags@birchanger.com

Olivia: 07568 574703 Rosemary: 01279 814678

#### **Exercise Helps Improve the Nasties of Old Age**

You can slow down or prevent dementia and brain decline, two of the curses of old age, by simply exercising regularly. You can start with the minimum of two half hour sessions a week, more if you want to and start to benefit from the development of new brain cells and new pathways between the brain and the body. Exercise promotes the growth of new blood cells allowing brain tissue to be nourished and preserved and new tissues to be formed. Tests have shown that half an hour's exercise has the same effect as a course of medication on mildly depressed patients. Vigorous exercise for half an hour is best. Never mind if you can't do that just do each exercise to the best of your ability. Elderly or disabled and those new to exercise find that even small amounts of exercise bring muscular and cognitive improvements. The dog is going to get very fit indeed.

#### **Clubbing With Care**

Many people like to go clubbing, especially on warm summer evenings. That's great but the menace of drink spiking is still with us. Recognise the signs. If you see someone in your group appearing a bit more drunk than they should be for the amount of alcohol they have consumed there may be a problem. The person may feel dizzy and slurring their words. They may appear to be semi-conscious and talking a lot of rubbish. The situation needs to be dealt with. If you suspect a person's drink has been spiked, you need to take control and call an ambulance and the police. Alternatively get them home and take it from there. Try not to leave a drink unattended. That is when the damage happens.

#### Do Feel You Safe When You Are Out?

Many people have areas they prefer to avoid, especially at night or when they are out on their own in a public place. It may be that the lighting is poor, perhaps abandoned buildings, vandalism, or just bad street behaviour such as being followed or verbally abused.

The police say they will work with their partners to try to get improvements made and make these places safe again. They will address the problem of street behaviour where they can. You can contact the team online at: www.police.uk/pu/notices/streetsafe/street-safe/

#### A Good Reason Not to Listen to Bad News

Recent research has shown that bad news really isn't good for you. As we listen to bad news on television our survival instincts start to kick in. This makes us crave high calorie snacks especially if we believe we could be facing economic hardship or deprivation of some sort. Being subconsciously primed to live for today, any threat to our security makes us subconsciously want to seek out higher calorie foods without realising it as the brain sends out messages to live for today to our subconscious.

There are so many bad news stories on television these days, we could be subconsciously reaching for the sweet tin far more than we realise. The world is a troubled place and we could feel depressed without knowing the reason why.

#### Trying to Get Shapely for the Holidays

According to the pundits you don't need to go on a starvation course, all you need to do is to try to eat more healthily. In a dream world where we all have plenty of time to prepare healthy meals for the family, sticking to a healthy eating diet would be easy. In the real world, where the cook and the bread winner are one it is not easy at all. Healthy eating starts with the premise that we drink 8 glasses of water a day and that we eat a healthy breakfast. Healthy means scrambled eggs with chopped tomatoes and basil. Or maybe just a boiled egg with wholemeal toast. In a hurry? Try fruit with low-fat yoghurt or porridge with stewed fruit. Or the one most of us go for, cereal with skimmed milk. That special coffee at the station is off limits.

It helps if we actually eat lunch. Apparently old favourites such as a jacket potato with tuna and cream cheese or wholemeal sandwiches of salmon or prawns are good for the diet, or you might prefer vegetable or lentil soup with a bagel. Try tomato soup or chicken with a bagel. Rice, pasta, and couscous are good as well. If you get hungry between meals, try celery or carrot sticks with hummus or tzatziki.

After a long day at work many people simply have not got the energy to cook. Try not to eat from the first takeaway you pass. A chickpea curry with yoghurt and cucumber, or pasta with pesto and sugar snap peas or spinach. Desserts could be fruit compote or an oatmeal based crumble with a skimmed milk custard. Wash all these meals down with 8 glasses of water taken throughout the day, but 4 cups of tea or coffee only are allowed!

With all the enticing takeaway food outlets there are around it is only too easy to just buy one for yourself and the family on the way home. If you do this, try to limit these treat nights to once a week. Get the family on board. Explain healthy eating, looking good and feeling better. This is something for all the family to do together, bring their own ideas and suggestions to the new healthy eating plan, then you just might be able to delegate a little and gain a little help in the kitchen. It starts with the basic premise that we must drink a lot more water, back to the old 8 glasses a day routine, (might have expected that) as well as the advice not to skip breakfast.

Most of us are in a rush to get out in the mornings but scientists say that people who eat breakfast are slimmer than those who do not. You may not have time or even the inclination to cook scrambled eggs with smoked salmon, boil an egg or make toast but you might be able to manage a low fat yoghurt and fresh fruit as you rush out of the door. If you work from home a proper breakfast is easier to manage. You are even allowed a single cup of coffee.

#### **Light Evenings and Sleepless Nights!**



Many of us already fragile sleepers find our problems compounded in the summer months with long light evenings, making sleep even more difficult than usual. If the weather is hot the problem only gets worse. The following tips may help, maybe they are

something you are already trying, or perhaps you have better ideas of your own. For what it is worth, here are some ideas you might like to try anyway.

It has been proven that what we eat does actually affect our sleep. So, what food might help us to sleep? A high protein supper can be a good idea. Foods such as milk, tuna, chicken, nuts and even potatoes are rich in amino acid tryptophan which produces serotonin and helps the body to relax and hopefully sleep better. However, eating a protein meal will not help you if the meal is a large one. Even worse, if you wash down your protein meal with tea, coffee, or alcohol with perhaps a cigarette in your hand, your chances of having a good night sleep will be very slim indeed.

Everyone has worries, big or small, at some point in their lives. Try writing them down before you go to bed. Doing this helps to restore a sense of calm. The worries are parked for the night. Try to take more exercise. There are plenty of footpaths around Birchanger which you can walk on or even use for the occasional run.

Sweeten all the bad news with a soothing herbal remedy. Lemon balm, valerian, or camomile tea are reported to be good relaxants at the end of the day. Lavender on your pressure points is another tried and tested remedy. If none of the above work, you just might have to resort to warm milk with a tot of whisky. It always worked for my parents. As for me, I never liked whisky.

#### Garden Waste Skip

The weekend garden waste skip facility is available again this year. As usual, the skip will be positioned near Birchanger Sports & Social Club between 2.30 and 3.30 pm on the following Saturdays: July 23, August 20, September 17, October 15, and November 12





## u<sub>3</sub>a

#### Stansted Mountfitchet U3A

The Literature Group got there at last! In 2019, having read "Enigma" by Robert Harris, they planned to visit Bletchley Park. They finally went on April 14th 2022. Bletchley Park, which became the principal centre of Allied code breaking during WW2, housed the government code and cipher school where the team of 9000 people, working in shifts day and night, regularly penetrated the secret codes of the German Enigma and Lorenz ciphers. They had a fascinating tour with a volunteer guide, seeing the huts, desks set out with work, pens and phones as if the staff had just left, and enjoying the beautiful house and grounds with spring blossom on the trees.





On May 9<sup>th,</sup> the Garden Group travelled to Cambridge to visit the University's Botanic Gardens, a memorable visit on a warm and sunny day. After a convivial alfresco lunch, they were joined by two guides, split into two groups and taken on interesting and informative tours of the many and varied areas of the garden and glasshouses. They learned about the history of the garden, the plants, the head gardeners and plans for the future. On June 13<sup>th</sup> they

plan to visit to an NGS garden, Dragons, at Boyton Cross near Chelmsford.

Members at the monthly meeting on May 19<sup>th</sup> enjoyed "Shape Shifters", a talk by Amanda Sutherland. It was illustrated by her collection of vintage clothing including her own wedding dress which she had made in the Victorian style. She described the progression of style from the bosom emphasising muslins of the Regency period, the tightly corseted and hooped crinolines of the Victorians, the straight silhouettes of the 20s and 30s to the present day.



Much very early Christmas shopping took place at her travelling boutique gift shop. At the monthly meeting in July Jane Gosling will talk about Medieval Lavenham.

www.u3asites.org.uk/stansted/home Telephone 07874 385541





# what's on in the Village...



## July 2022



Bin Collection	s: Bradley Common	collected on Fridays	s. Rest of Birchange	r on Thursdays. <b>Gar</b>	den bin collections	marked with #
Birchanger Parish Council Meetings: Meets on the first Tuesday of each month at 7.30 pm in the church hall - Open to the public.						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
	GARDEN WASTE			2.30 and 3.30 pm of ber 15, November 12		s:
				Church Hall: 09.00 - 12.00 Apton Dance - Private Lessons	Church Hall: 09.00 - 13.00 Apton Dance for kids BSSC: 13.00 Meat draw	3 St Mary's Church: 11.15 am Matins Service BSSC: Sunday Roast
Church Hall: 19.00 - 20.30 Apton Dance Latin/Ballroom BSSC: Quiz Night	5 Church hall: 12.00 Tap Dance 16.45 Ballet 18.00 - 21.15 Apton Dance 18.45 Teenage Street Dance	6 Church hall: 10.00 Tai Chi 12.45 Takeley Art 14.00 Tea Room 14.00 Fencing 18.00 - 22.00 Apton Dance	7 Green Bin # Church hall: 11.00 Line dance BSSC: 20.00 Bingo	8 Church Hall: 09.00 - 12.00 Apton Dance - Private Lessons	9 Church Hall: 09.00 - 13.00 Apton Dance for kids BSSC: 13.00 Meat draw 20.30 Retrovox - Live	10 St Mary's Church: 11.15 Holy Communion BSSC: Sunday Roast
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#### BIRCHANGER SPORTS AND SOCIAL CLUB

# **NEWS FROM THE CLUB**

In July we have more live entertainment scheduled at the Club alongside other events – don't forget we always have live sports showing at the club!

02-Jul Meat Draw 04-Jul Quiz Night 07-Jul Bingo

09-Jul Meat Draw / Retrovox Live Music

11-Jul Quiz Night14-Jul Bingo16-Jul Meat Draw18-Jul Quiz Night21-Jul Bingo23-Jul Meat Draw

25-Jul Quiz Night 28-Jul Bingo

30-Jul Meat Draw / Elton John





# Birchanger Summer Fayre 10<sup>th</sup> September 2022

#### SAVE THE DATE

Plans are firmly underway for our Annual Summer Fayre

Dog Show, Bouncy Castles, Craft Stalls, Hog Roast, BBQ, lots of fun and games!

We are taking bookings for local stall holders, if you are interested in booking a stall please email club@birchanger.com

OPENING HOURS				
Monday	5-11pm	Kitchen Closed		
Tuesday	5-11pm	Kitchen Closed		
Wednesday	5-11pm	Food 5-9pm		
Thursday	12-3pm / 5-11pm	Food 12-2pm / 5-9pm		
Friday	12-11pm	Food 12-2pm / 5-9pm		
Saturday	12-11pm	Food 12-9pm		
Sunday	12-8.30pm	Food 12-3pm		



For all general enquiries
Telephone 01279 813441 Email: club@birchanger.com
Website www.birchangerclub.com

Follow us on Social Media
For all news and announcements







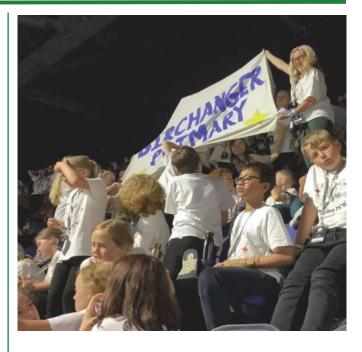
# Birchanger Primary School

#### Hello from Birchanger C of E Primary School

This is a very busy term, and we appreciate the post Covid freedom that we have now. There have been a number of enrichments to reflect our vision statement of life in all it is fullness and I thought that you might want to hear about some of them.

On 24th May our older children from Year 5 and Year 6 went to the O2 arena as part of the Young Voices Concert. This exciting event brings children from all over the southeast together to sing a variety of songs and to watch performers. We love going to this event as it gives our children a chance to learn songs and improve their musical skills in school. One of these skills is to perform to an audience and we really can't find an audience much bigger than the capacity crowd at the O2 arena.

The children started their experience at lunch time when they left the school and once they arrived in London they had their lunch. The afternoon was spent practising the performance along with children from the other schools before having some tea and dressing in the special tee-shirts that families had bought for the occasion.



Before the concert started parents, family members and well-wishers gathered in the arena to support all of the schools that were taking part. Our school put up a big banner to show the mums, dads and grandparents just where to look as they were high up in the building.

At the end of the night, children, parents and staff had a marvellous time and Amber Lily and Brooke said it was an amazing experience and it was fun to do.

Claire Berry - Headteacher





# Is Business Picking Up at Stansted Airport?

If you sense a big increase in the number of flight arrivals and departures at Stansted Airport over the past few months, you would be completely right. Following the removal of travel restrictions earlier this year, there has been a resurgence in air travel, not only at Stansted, but across the board. It's worth recapping on the extent to which the Covid-19 pandemic affected the air travel business.

After handling just over 28 million passengers in both 2018 and 2019, Stansted handled just 7.4 million passengers in 2020 and 7.1 million last year. However, since the start of 2022, passenger numbers have recovered month by month and are now almost back to pre-pandemic levels. Stansted is expected to handle about 24 million passengers this year, more than three times last year's total.



It remains to be seen whether this level of rapid growth will continue. Some industry analysts attribute it to pent-up

demand after two years of air travel restrictions and expect growth to flatten in 2023.

There are a number of other reasons for believing that growth will flatten. The current 'cost of living crisis' will reduce consumer spending on non-essentials such as leisure air travel, and the price of aviation fuel has more than doubled in the past year; this will feed its way into higher air fares.

Stansted may return to its pre-pandemic passenger throughput next year. However, it is now very clear that the uplift in Stansted's planning cap from 35 to 43 million passengers per annum, approved following last year's Public Inquiry, was – at best – premature.

The approval of 43mppa at Stansted has also prompted Stansted's main competitors, including Gatwick and Luton, to bring forward their own expansion plans. In addition, Heathrow is reported to be dusting down its plans for a third runway in readiness for a formal planning application. There is therefore a serious prospect of a capacity glut in the coming years, with too many airports chasing too few passengers.

Brian Ross

# FORGOTTEN GARDENS OF EASTON LODGE

NEWS FROM THE GARDENS OF EASTON LODGE



On the 2<sup>nd</sup> June our chairman's great-niece and nephew did the honours and unveiled the Queen's Green Canopy plaque for our taxodium distichum and we raised a (very small) glass of the first Easton Countess cider ever produced to toast the Queen. We hope it will all be bottled in time for our Apple Day on 25 September.

And what a lovely bank holiday it was for us and the members of the public who chose to come to the Gardens on that day. The sun was shining and the dragonflies and damselflies were darting around the Italian garden. The walled kitchen garden was buzzing and visitors could see the veg and fruit developing nicely. Hopefully, the early June rains will mean that by July we will have harvested potatoes and onions and will be regularly cropping chard, spinach, beans, courgettes and beetroot for sale.

Our 17th July Open Day is always a fascinating day for our visitors, when we take time to remember the area in the run up to World War I, as fictionalised in 'Mr Britling Sees it Through', by HG Wells, from his home in Little Easton and the airmen and women based at the Great Dunmow Airfield next to the Gardens. Our archivists put together a special exhibition for the day and we are joined by others displaying historical information and artefacts. Perfect Vintage duo get us all singing the classic 1940s songs we all know and love; and children enjoy the special trail and other activities. Our Daisy's team will provide our usual fayre of local bacon rolls, hummus or cheese rolls and homemade cakes. Tickets are available in advance through our website www.eastonlodge.co.uk or on the Gate after 12.00.

We are also open to visitors on Thursdays through July from 11.00 to 3.00, with drinks and cake available to visitors up to 2.30pm. This year many visitors on Thursdays have taken the opportunity to quiz our volunteers on what they are up to – keeping us all on our toes!

Jill Goldsmith



#### The Hundred Parishes Society

#### Village Halls in the Hundred Parishes

There are thousands of village halls in England, owned and run by local councils, churches or independent trustees for the benefit of local communities. The Hundred Parishes has its share, with a great variety of buildings and history.



Probably the oldest is in Hunsdon: it dates from the 15th century and was once a school. Barley's 16thcentury building once a guildhall still looks ancient, while Westmill has a converted 17thcentury barn. Ashdon claims to have the only local

thatched village hall: that element of the building, once a house, dates from the 17th century. Radwinter's hall is part of village redevelopment in the arts-and-crafts style after a disastrous fire in 1874.

Many purpose-built village halls appeared after the First World War, funded either by public subscription or a generous benefactor and often built as a lasting memorial to



those who died in the conflict. Ugley's hall was built in 1920, funded largely by the local Tennant family, while Blackmore End in Wethersfield benefited from the generosity of Samuel Courtauld.



Several halls have been converted from their original use: Wethersfield has a second village hall, part of what was once a brewery. Little Chesterford, Hempstead and Stocking Pelham have found new life for their old schools, while Chrishall and Stebbing re-purposed former churches. Hildersham's village hall started life as a First World War army surgical ward and was brought from Cambridge.



Our village halls are greatly valued and used by all manner of community groups for meetings, sport and exercise, pre-school activities, cultural performances, quizzes, exhibitions, farmers markets and so on. We see new village halls appearing quite regularly, for example at Great Hormead in 2015 and Duxford in 2020. Some are now referred to as "community centres" but we all know what they mean!

Ken McDonald





### **Village Services and Activities**

l			
	Alzheimer	Marian	07803 115826
	Art Studio & Gallery	Heather Brown	01279 815453
	Ballroom Dance	Fred Winters	01763 271942
ı	Ballet for kids	Philippa McMeechan	01763 271010
ı	BAGS	Rosemary Wheatley	01279 814678
ı	Beauty Therapist	Sarah Whiting	07887 638359
ı	Birchanger Magazine	Peter Sampson	07817 904333
ı	Birchanger Voices	Tony Wilson	01279 813007
I	Birchanger Nursery	Karen Reilly	01279 810800
ш	Bird Food	Lesley Robins	01279 812248
I	BSSC Club	Terry Earnshaw	01279 813441
I	Car Service, MOT, Gas	D. Bonney	01279 813315
I	Car Service - Mobile	B. K. Autos	07786 461813
I	Chiropodist	Julie Golden	01279 873492
I	Dance - Apton Studio	Maxine Williams	07854 251528
Ш	Dementia	Debbie Baker	07927 011345
	Garden Services	GWB Horticulture	01799 543483
	Garden Services	Will Grange	07516 783138
	Hairdresser Men/Boys	Emma Marks	07527 227943
	Holistic therapy/Reflexology		07476 279262
ш	Landscaping Services	Mark Taylor	07941 357934
	Launderette	Ian Kennedy	01279 866183
	Line Dancing	Shelley	01279 864781
	Neighbourhood Watch	Peter Sampson	07817 904333
	Painting & Décor	David Debnam	07973 861268
ш	Parish Clerk	Keith Williams	01279 814773
	Petals Children's Play	Hana Hainsby	07730 619522
	Police Special Martin F		
	Public Safety	Peter Sampson	07817 904333
	Speed Watch	Peter Sampson	07817 904333
	St. Mary's Church	Pam Lee	07702 171744
	Tai Chi	Cait Goddard	07415 628935
	The Three Horseshoes	Paul & Paula	01279 813429
	The Three Willows	Mark Boden	01279 815913
	Village Church Hall	Cat Roberson	07827 685741



# Village Church Hall

Modern hall, superb kitchen and additional meeting room available for hire





Tearoom open every Wednesday from 2.00 pm

For bookings or further information please contact:

Manager: Cat Roberson Telephone: 07827685741 Email: birchangerhall@gmail.com

# St. Mary's Church



#### Church services - 11.15 am

3 <sup>rd</sup> July	Matins with Pam Lee
10 <sup>th</sup> July	Holy Communion with Revd Helen Flack
17 <sup>th</sup> July	Matins with Hugh Mascetti
24 <sup>th</sup> July	Holy Communion with Revd Colin Fairweathe
31st July	Matins with Peter Odrich

There will be a Five Churches together Holy Communion service at 9.30am Little Canfield and at Stansted

Also, a sung evening Prayers in St Mary's Birchanger at 5.30pm, bringing to a close the Festival of Flowers.

#### **Church News**

June has been another busy month of sorting out issues and getting paperwork in order, but I am pleased to say that at least some of the effort has produced good results. The problems that we were encountering with the hall boiler service contract have been resolved with the supplier agreeing to refund almost all the payments made for the past two years.

Added to that, the problems relating to our unread electricity meter have been rectified so that at last we have confirmation that we do not owe any extra monies. What a relief! Finally, the damage to the hall floor is being repaired. My apologies to those of you affected and/or inconvenienced by the closure at the end of June.



My thanks go to everyone who helped make, and then display the red, white and blue roses that we used to decorate the church and hall. Thanks to those of you who took some to decorate your own hedgerows and made donations to help towards costs involved. You know who you are so I shall not name people individually, but I really could not have managed without your support and the village did look so cheerful. The roses at the hall and church will stay in place until the end of the month when the Festival of Flowers takes place in church. Please do your best to support this event.

#### Forthcoming events

29th to 31st July	Festival of Flowers in St Mary's Church		
	Refreshments available		
31st July	Choral Evensong 05.30 pm		
9th August	Coffee Morning at Moorswood		
21st August	Summer Lunch at Moorswood 01.00 pm		

#### **Prayer for the Month**

Lord, save thy world which is in bitter need as we strive in vain to save ourselves

Release us from the chains of fear, pride and ignorance and bring us to that glorious hour when all will find liberty and peace

Amen

Pam Lee (Church Warden) Tel: 07702 171744 pam.mark2@btinternet.com

#### Village Church Hall



For information and bookings contact: Manager: Cat Roberson

**Telephone:** 07827685741 Email: birchangerhall@gmail.com

#### THE THREE WILLOWS



Fine dining & good beers. Children and dogs welcome. Bookings: 01279 815913 Monday to Friday: 12 to 3pm & 5 to 11pm Saturday: 12 to 11pm Sunday: 12 to 6pm

### **B.K.AUTO'S**

**Fully Qualified And Insured** Mobile Mechanic

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Editor: Peter Sampson Tel: 0781 7904333 Email: magazine@birchanger.com. Chairman: Elizabeth Godwin. Treasurer: Ken Wheatley.